

August 2024 C.O. Harrison, Delshire, J.F. Dulles, Oakdale, Springmyer



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	. 0 _ 0 _ 7	***************************************		

We encourage families to fill out the Federal Free and Reduced Lunch Application in order to see if you qualify for free or reduced lunch benefits and instructional fee waivers. The application can be completed online at www.linqconnect.com. If you are unable to complete the application online, you can obtain a paper application from the front office of your school.

All students who qualify for free and reduced lunch benefits can eat breakfast and lunch at NO COST for the 2024-2025 school year!

12	<u>13</u>	<u>14</u>	<u>15</u>	16
The Five Meal Components for School Lunch Choose at least 3 including: - 1/2 Cup of Phatits or Waggadables - 1/2 Cup of Phatits or Waggad		Crispy Chicken Nuggets And Soft Roll -OR- Hot Dog Corn Crunchy Carrots Flavored Applesauce Milk	Crispy Chicken Nuggets And Soft Roll -OR- Hot Dog Corn Crunchy Carrots Flavored Applesauce Milk	Big Daddy Pizza -OR- Hamburger Corn Green Beans Fresh Apple Slices Milk
Crispy Chicken Nuggets And Soft Roll -OR- French Bread Pizza Mashed Potatoes With Gravy Crunchy Carrots Sliced Oranges Milk	Mini Confetti Pancakes And Sausage Patties -OR- Cheese Filled Breadsticks Potato Wedges Green Beans Flavored Applesauce Milk	Chicken Smackers 21 And Dinner Roll -OR- Cheeseburger Broccoli Crunchy Carrots Peaches Milk	Cincinnati Style Chili -OR- Chicken Patty Kidney Beans Corn SideKicks Frozen Cup Milk	Big Daddy Pizza -OR- Hamburger Celery Sticks Crunchy Carrots Fresh Apple Slices Milk
Crispy Chicken Nuggets And Soft Roll -OR- Galaxy Cheese Pizza Smiley Face Potatoes Crunchy Carrots Apple Juice or Fruit Punch Milk	Mini Waffles 27 And Sausage Patties -OR- Corn Dog Hash Brown Rounds Green Beans Flavored Applesauce Milk	Chicken Tenders And Soft Roll -OR- Cheeseburger Broccoli Crunchy Carrots Pears Milk	Beef Walking Taco -OR- Chicken Patty Seasoned Black Beans Corn SideKicks Frozen Cup Milk	Big Daddy Pizza -OR- Hot Dog Cucumber Slices Crunchy Carrots Fresh Apple Slices Milk

ALTERNATIVE ENTREES

Daily Cheese Sandwich, Ham/Cheese Sandwich, Turkey/Cheese Sandwich, Peanut Butter/Jelly Sandwich, Salad

Monday PBJ Sandwich, String Cheese, Goldfish Crackers

Tuesday Yogurt, String Cheese, Assorted Muffins, Goldfish Pretzels

Wednesday PBJ Sandwich, String Cheese, Goldfish Crackers

Thursday Yogurt, String Cheese, Assorted Cereal Bowls, Assorted Pop Tarts

Friday Manager's Choice!